

## **THOUGHTS & EXPRESSIONS**

MULTI-DISCIPLINARY PEER-REVIEWED ANNUAL JOURNAL 2019 - 2021

RISHI BANKIM CHANDRA COLLEGE FOR WOMEN

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### Principal's Message

It is a matter of great pride and honour that the annual peer- reviewed journal of Rishi Bankim Chandra College for Women 'Thoughts & Expressions' (2019-21) is going to be published for the 4<sup>th</sup> consecutive year. The limits of learning thrive when they are constantly being pushed to new extremes. This journal provides a common platform for new researchers and experienced academics. I would like to congratulate the editors, authors, faculties, the secretary of the teachers' council, the members of the Governing Body and all the persons whose continuous efforts made it possible for the journal to be published with such variety of original and enlightening work.

I wish the venture all success,

01.08.2021

Dr Lana Mukhopadhyay  
Principal



### From the President's Desk

I am really very much glad to know that the official journal of the Rishi Bankim Chandra College for Women will again publish soon. During Covid period it was not published. I hope that this annual journal will be published annually henceforth. I also expect the participation from all the departments. All the original research articles, review articles and other articles will enrich all of us. The students also get impetus to involve them in research activities. I must congratulate and extend my heartfelt thanks to the journal committee members and the college authority for taking such a great initiative. I also request them to do the needful with sincere effort to make the journal an indexed one. I am wishing great acceptance of the journal which make the endeavour a grand success.

Prof. (Dr.) Abhijit Das  
President- Governing Body  
Rishi Bankim Chandra College for Women  
Naihati, North 24 Pgs.



### From Editor's Desk

An academic journal is most integral for the upliftment of an institution from its daily activities into research and extension. It encourages extensive reading and liberal research and also provides an accessible platform for young researchers. With that intention, Thoughts and Expressions started its journey in 2003. Later, it acquired its ISSN number, and was recognized as a peer-reviewed multi-disciplinary journal. Since 2014, the journal is being published annually without interruption.

This journal has been an outcome of the comprehensive efforts and functional participation of all the faculty members of the institution and scholars from outside the institution. Students and research scholars are also encouraged to use this as a way of orienting themselves with the norms of academic publication.

I express my sincerest gratitude to Dr. Lana Mukhopadhyay, Principal of our college, Dr. Ratan Kumar Nandi, President of the Governing Body and members of the Governing Body to nourish and nurture this humble project with their constant encouragement and sustenance.

I want to convey my gratitude to those who enriched the journal with their rich and valuable articles and other ancillary dedicated efforts. Special thanks are conveyed to the honourable Peer Team members for their dedicated help to publish this issue of our journal.

01.08.2021

Dr. Suddha Kalyan Mondal  
Editor-in-Chief

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